



Beyond Consequences Parenting Class

Beyond Consequences is a unique, relationship-based approach to parenting traumatized children and those with attachment challenges. Parents are coached in how to help children regulate their emotions when they are “acting out.” When children expand their ability to emotionally tolerate stressful situations, behavior naturally improves. The class is appropriate for biological parents, adoptive parents, foster parents, and kinship-care providers.

Some Program Topics

Emotional Regulation and Dysregulation

Window of Stress Tolerance

Trauma and Memory

Lying

Stealing

Hoarding and Gorging

Aggression

Defiance

When:

Begins September 11th, 2014

Thursdays 12:00-1:30

Where:

1148 E. Elizabeth St., Fort Collins

Cost:

The class is free through a grant from the Temple Hoyne Buell Foundation

Book Included

Class size is limited so sign-up early! Child care available with advance notice.

Email info@childsafecolorado.org or call (970)472-4133 to enroll!